

# SageWoman

*Celebrating the Goddess in Every Woman*

NO. 74  
VISIONS OF GODDESS:  
THE QUEEN



## FEATURES 6 WHY WE NEED TO CLAIM THE QUEEN

*Barbara Ardinger*

We women now live long beyond menopause. We need to name and honor a fourth stage of our lives: the Queen.

## 10 FIND YOUR CENTER OF POWER: PUT ON THE GIRDLE OF THE QUEEN

*Lisa Sarasohn*

A queen is sovereign in her own right. She is autonomous, self-governing. Being queenly means wielding your womanly power in the realm of your own life and in the other domains entrusted to your care. And the seat of her power (and yours) is in — the belly.

## 16 CROWN YOURSELF QUEEN: CEREMONY FOR CLAIMING YOUR SOVEREIGNTY

*Mama Donna Henes*

While changing our hair, image, demeanor and wardrobe might seem superficial, it can symbolically represent the full range of changes — physical, mental, emotional, and spiritual — that we are experiencing, changes that mark our entry into a new phase of our lives. It represents transformation from the outside in.

## 19 QUEEN FOR A DAY

*Debbie Philp*

The Queen says, “You have lived for others. You have raised your children. You have kept your house. Now,” she says, “live for yourself. In becoming that which you truly desire, you will find me. I am within you. I have been there all along.”

Cover art: *Hera* by Thalia Took  
For more information, including images from  
her Goddess oracle deck see [www.thaliatook.com](http://www.thaliatook.com).



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## SAGEWOMAN MOVES TO OREGON

After over twenty years living in Point Arena, our family up and moved to Forest Grove, Oregon over the winter holidays. This has disrupted email, phone, and mail communications, in spite of our best efforts. We regret that the move meant that this issue of *SageWoman* mysteriously morphed from a December (Winter) issue into a March (spring) one. Since we also lost Cristina White, our fabulous office manager (who we couldn't persuade to move with us) our orders have been backed up a bit as well. Our apologies for the disruption.

Do not fear, dearest readers; we are still in business, still loving the Goddess, and hoping to be serve Her even better in our new home. Our new phone number is 503-430-8817 and our mailing address is now: SageWoman, P. O. Box 687, Forest Grove, OR 97116.

## GODDESS FOREMOTHER SHEKHINAH MOUNTAIN-WATER PASSES OVER

Shekhinah Mountainwater — Faery Bard, Radical Muse, Foremother of the Womanspirit movement, author of *Ariadne's Thread*, Priestess of Aphrodite, crossed into the arms of the Great Mother at 2:30 pm PST on Saturday, August 11, 2007. Our thanks to Syren and the Moonspells Community for the following tribute.

*Shekhinah was a beloved sister and a teacher to countless women. She dedicated her life to sharing and expressing the love of the Goddess in all ways. Shekhinah was diagnosed with cancer in December, 2005. She fought like an Amazon, in an amazing dance with her cancer. Always sharing her experiences, she was a teacher throughout her death transition. Thursday, August 9th, her sacred last rites were performed*

*by Z Budapest. Shekhinah reminisced about this important, loving experience before falling into constant sleep. She was surrounded by sisters and her family at the time of her passing – honored with song, laughter, tears, the beautiful sent of roses, and lush robes... exactly what she always wished for the time of her crossing.*

Shekhinah's first music CD *Remembering Shekhinah* has just been released, and is available on the website [www.Shekhinah.net](http://www.Shekhinah.net) as well as in stores. Also available on the site are her Rune Book, and an amazing DVD chronicling her very last interview. Proceeds from sales of these items go toward supporting the publishing projects Shekhinah envisioned before her passing, including her Goddess tarot deck, which is currently being re-mastered. Also soon to come — a memorial book celebrating Shekhinah's poetry, practical magic, and social and political wisdoms. The book will feature a rich collection of photos, memories, spells and recipes, and insights dating back through Shekhinah's youth.

Shekhinah's daughter, Angel, recently contacted us. Angel and her brother Frey have dedicated themselves to honoring Shekhinah's final wishes, with an emphasis on publishing the handmade tarot deck, and continuing to master her music to CD. Angel wants very much to keep her mother's art and wisdom available to the women's community worldwide. If anyone feels called, Shekhinah's children say they are in need of an attorney willing to offer pro bono services in the business matters necessary to carrying out Shekhinah's legacy. Anyone wishing to assist in this endeavor, please contact SageWoman and we will forward your information to her. To participate in The Moonspells Community message boards, visit <http://www.shekhinah.net/forum/index.php?board=1.0.11>, 2007.

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