Features

5 Dreams of Flight Marcia Kasperski Peterson
I experienced a revelatory dream: I was in a boat sailing across Cook Inlet toward the Sleeping Lady, and I knew a majestic range of mountains lay beyond. I’d keep saying, “I know they are there!” But I’d always wake up just before being able to see them.

7 The Guiding Voice Within Jill Boyles
Now we are on a barely-trodden path, cocooned by black-eyed susans, purple prairie clover, milkweed, and switchgrass. Monarch butterflies flit in front of us, but the path reaches a dead end so we retrace our steps and make our way back to the original trail.

11 Grandmother’s Grave Julie Lovejoy
Coming from a home where we didn’t really speak of the dead, let alone visit family cemeteries, I was wide-eyed to discover that I was living right next to Santa Clara cemetery. If I peeked over the wall, I could see families spreading out blankets and sharing food next to their loved ones’ graves.

15 Blessing Day Sara Roi Ferguson
Even before I became a mother, I knew that when I became one, I would offer my child rites at the seven-year marks in her or his life. So, when my only child was nine months old, we held a ritual baby blessing for him.

18 Taking Flight Noel Knower
I hear the geese before I can see them. I search the sky, and there they are, a flock of Canada geese flying in “V” formation during their annual journey. The geese and I are kindred spirits: like them, I am following the directions whispered by my soul.
Features (cont.)

21 BIRTHING INTO JOY Jen McConnel
“Roots go down,” I told my daughter, planting my standing foot and placing my hands together at my heart, “and branches go up.” The first time I moved into this pose postpartum, I felt both grounded and light.

24 Hueco Tanks Pamela Genghiñí Muñoz
Throughout the tour, I felt the presence those who had passed this way before us. I thought about what it must have been like to arrive at the outcrop of the huecos thousands of years ago and take shelter there. Where had they come from? Where they were going? How did they know what was awaiting them?

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