

SageWoman

Celebrating the Goddess in Every Woman



Serenity

Peace Like a River · Dreams of a Garden
Finding My Brave Heart · Tara: Star of Liberation
Sacred Seclusion · Serenity in the Fast Lane

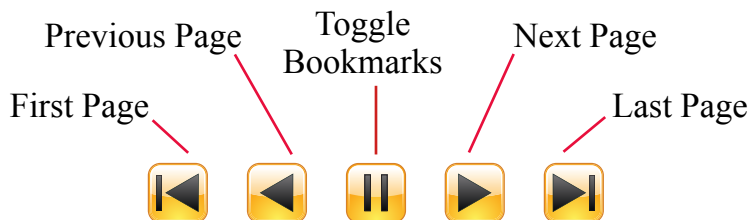
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FEATURES

5 PEACE LIKE A RIVER *Lissa Carter*

The desiccated quiet of the summer months left me vaguely uneasy. But the rush of water lifted my heart: its music brought serenity to this seemingly sterile landscape.

8 DREAMS OF A GARDEN *Lisa Alexander*

I wanted more than anything for my yard to be filled with organic food, butterflies, and bees: a living altar to the Goddess. But I had no idea where to start.

11 MOTHER IS BOTH A PERSON AND A PLACE

Summer Kinard

I was not long pregnant with my first child when I realized that a mother is a place as well as a person. With my first child, I dreamed of owls. With my second, I woke in the night to see a vivid green turtle swimming in the air above me.

15 SERENITY IN SAVASANA *Kara Henderson*

As the instructor guided us into a meditative state, I began to feel simultaneously heavy and weightless. I had the sensation of expansion, feeling my back sink into the Earth and the front side of my body floating lightly up into the Sky.

18 MILKING TIME *Jennifer Pratt-Walter*

I wash and dry her bag, enjoying the soothing touch of warm water. I wrap my hands around her teats, feeling the bounce of milk, the rubber texture of her bare skin, the resilient life that dwells therein, the mammalian mysteries unloosed and revered.

20 REWEAVING *Joanna van der Hoeven*

Every day there is a chance to stop, to enter into ritual, to take a step back and simply savor the moment. It is a chance to connect with the Earth, with Deity, and with everyone.



FEATURES (CONT.)

23 FINDING MY BRAVE HEART *Nirvan Hope*

Panic rushes through me. With a surge of anger, I punch my fists at the sky and shriek obscenities. Grabbing my orange emergency whistle out of my pack, I rip the air with three long blasts. I know no one will hear. *How stupid I am*, I think. *How incredibly stupid*.

28 TIME ON MY HANDS *Susan Morgaine*

When things get to the point that I just need to get away, I always head to the water. For me, the beach, has always meant peace and serenity. All the elements are there: Earth, Air, Fire (the sun), and of course, Water. Walking slowly from earth to water, I go deeper into Her depths and each time I do, it is like being reborn from Her womb. I just breathe in Her essence and the world falls away.

31 A TALE OF TWO ROAD TRIPS *Deborah Baudoin*

Today, I have seen the world, experienced the good and the bad of it, and have discovered that I am resilient. Experience has made me strong, and bouncing back from hardship through the years has made me courageous.

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