

SageWoman

Celebrating the Goddess in Every Woman

Renewal & Rebirth

Safe in Freya's Arms • The Healing Cloak of Womanhood
At Hestia's Hearth • On the Beach with Yemaya
Walking the Spiral Path • Kali Maa: Dancing with the Dark

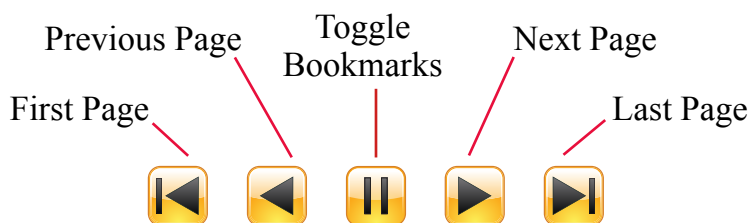
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RENEWAL & REBIRTH ISSUE 86



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“Brighid, Mother Goddess of Ireland”
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oil and collage on canvas.

5 WHEN SHE SPEAKS *Hunter Liguore*

Last October, I experienced a series of events in which I *knew* the Goddess was speaking to me — and still I’m uncertain. How can that be? I often hear myself say, *I know it’s too coincidental to be cast aside*, and yet I shun my certainty — perhaps frightened of where it might lead.

8 THE HEALING CLOAK OF WOMANHOOD

Jamie Martinez Wood

Over the next four days, I drummed, howled at the moon, and began to rebuild my sense of independence and self-reliance. Some things were still uncomfortable: I wasn’t accustomed to seeing so many bare-chested women walking about so comfortable in their bodies. But my hardened shell seemed to crack open; I was learning to trust in myself again.

12 WALKING THE SPIRAL PATH *Jen McConnell*

As long as I can remember, one of my sacred symbols has been the spiral: time and again, I stop and look at my life and realize that I’m walking a spiral path. I never come full circle, because even when it feels like I’m back at the beginning.

15 A HULL OF RIPENED FRUIT *Holly Cedar*

A heavy weight upon my shoulders threatened to wear me down to the ground. Then an incredible sense of peacefulness filled me. It felt as though my body slipped away; I became the whole room. The lull of this timeless feeling built and swelled until it turned into a surge of power.

20 AT HESTIA’S HEARTH *Clara Oropeza*

I begin my meditation by putting all that is on my mind and heart that morning onto paper. Then I lay down my pen and focus: envisioning *qi* flowing to my heart and bathing me with self-love and quietude. When peace has pervaded my body, I light a flame in honor of Hestia and pray.



ARTWORK BY
NINA PAK

FEATURES (CONT.)

22 FROM EAGLE'S WING *Donna G. Sutherland*

That morning, it had been six months since Dad's passing. His spirit had visited me from time to time in dreams, but adjusting to his death was still challenging. I am a firm believer in the unseen world of spirit, but I still missed his physical presence.

25 SAFE IN FREYA'S ARMS *Freya Velandar*

As we drove, the landscape became more rugged, and soon patches of snow began to appear. Then I began to recognize places that I had previously seen only in my dreams — or, as I came to realize with a start — in one particularly striking past-life journey.

29 SWITCHING TRACKS *Deborah Baudin*

I soon discovered that so much of my childhood had been spent being on display, that what was left of me seemed to be nothing but an empty shell. That emptiness was to dog my steps for many years to come.

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