

# SageWoman

*Celebrating the Goddess in Every Woman*



## *Herbal Goddess*

**Celtic Traditional Plant Magic · A Sisterhood of Healers  
Meet the Nordic Healing Goddess "Eir" · A Passion for Plants  
Seduced by the Greenwood · Moon-Centered Herbalism**

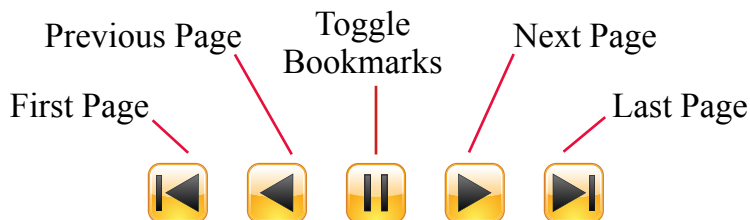


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HERBAL GODDESS  
ISSUE 85

## FEATURED ARTICLES

### 6 BELOVED: WALKING WITH PLANTS IN THE CELTIC TRADITION *Sharon Paice MacLeod*

My grandmothers selected and mixed their herbs, reciting charms in Irish or Scottish Gaelic all the while. Each plant that grew locally was a friend and ally. What a remarkable gift from the earth these herbs are, spread upon the landscape and sitting quietly in glens and rocky crevices, holding within them all of this knowledge and power.

### 10 SEDUCED BY THE GREENWOOD: MY JOURNEY INTO HERBALISM *Ellen Evert Hopman*

Suddenly I heard a stentorian voice, coming from inside and outside of my body all at once. It said, “You are supposed to be working with plants.”

### 13 A PASSION FOR PLANTS: HERBALISM IN COMMUNITY *Sage Kohoutek*

Since moving to these vast hills in southern Missouri, these wild woods, sweet gardens, and diverse group of people have taught me so much about myself and the art of working with medicinal plants.

### 16 LUMINOUS: USING MOON-CENTERED HERBALISM TO ENCHANT AND HEAL *Alexis J. Cunningfolk*

My journey as a Witch and a herbalist has been anchored to the course of the Moon’s orbit around our sacred ocean planet. Some of my earliest attempts at magickal herbology were creating herbal teas to connect with the pull of the Full Moon.

### 21 BLUE VERVAIN: OPENING HEART TO SPIRIT *Ann Spanel*

When I first met Blue Vervain in the wild she was growing near a reservoir on a sunny slope next to her three sisters: Artemisia, Queen Anne’s lace, and Burdock. I felt I was in her cathedral, the little slope holy because of her presence. Her beauty — spires of bright purple florets and graceful dark leaves — was quiet but unforgettable.



“AIRMID: GODDESS OF HERBS”  
BY JOANNA POWELL COLBERT

Cover art: "The Herbal Goddess by Holly Sierra

From the artist: "The Herbal Goddess sits in splendor amidst her Earthly Garden. Atop her head is a halo of flowering herbs and berries, about her throat, a bee necklace celebrating pollination...Beside her, a teapot for brewing herbal teas, rosemary vinegar, a trowel and terra cotta pots for work in the garden. Cradled in the Goddesses' arms are many of our most beloved herbs! She is a feast for the eyes! The Herbal Goddess is for sale as a print at [www.hollysierra.com](http://www.hollysierra.com).



## FEATURES (CONT.)

### 24 FIERCE MOTHER: THE BRAVE HEART OF LADY HAWTHORN *Darcey Blue French*

Although this was my first encounter with Lady Hawthorn, it was far from my last. This fierce, Fae Goddess-tree is one of the most potent healers acknowledged by western herbalism.

### 28 ASANA OF THE JUPITER *Rebecca Bailey*

I was drawn to the Utah juniper, one of only two tree species that can live in this land of little rain. Their limbs are twisted and gnarled into poses so graceful they could be the silent steps of an unmoving dance.

### 31 A SISTERHOOD OF HEALERS: THE MAGICAL WORLD OF WOMEN'S HERBAL CONFERENCES *Loba*

One of the most delightful ways to learn a great deal about herbalism from a number of different teachers is to attend herbal education events. Such events are chances for us to gather together with other like-minded and like-hearted people, unite with old friends and allies, engage in ceremony, and build real and lasting community.

## COLUMNS

#### 4 Living the Dream

*Anne Newkirk Niven*

#### 34 Eir: In the House of the Healer

*Diana L. Paxson*

#### 43 Herbal Adventures: Your Green Ally

*Susun Weed*

#### 45 Forever Maiden: Beauty's Response

*Alison Leigh Lilly*

#### 47 Mama Bear: Stolen Moments

*Janet Callaban*

#### 49 Crone Songs: Green Beans

*Lizann Bassham*

#### 51 The Weave of Our Lives:

Herb (and Herbalist) Allies *Anne Hill*

#### 55 Theology with an "A": Only Doom for the Patriarchy *Nancy Vedder-Shults*

#### 59 Colors of the Goddess: Black Woman on a Journey *Crystal Blanton*

#### 61 Child of Artemis: Trust & Connection

*Leslie J. Linder*

#### 65 Flavors of the Goddess: Welcome Winter!

*Teresa Marbut*

## DEPARTMENTS

#### 67 Sage Reviews

#### 73 The Rattle

#### 86 Women at the Well

#### 88 A Pinch of Sage

## POETRY

#### 23 Foxglove *Maria Mitchell*

#### 23 Untitled *Claudia Comerci*

#### 85 Midwifing the Moon in Boca de Tomatlan *Maril Crabtree*